7 M DSETS Teaching Mindsets. Changing Lives.

What is 7 Mindsets?

7 Mindsets is a researched based student wellness program to develop habits of mind related to SUCCESS.

Main Question?

• "What allows an individual to attain happiness in life?"

How do we know it works?

• Study includes more information from over 1000 preeminent research studies and interviews with 400 SUCCESSFUL individuals from all walks of life = 7 Habits of Mind

How will it help our children?

• 7 Mindsets improves relationships, reduces behavioral issues, increases grit and leads to improved academic performance.

How will it help our community?

- 42% decrease in out-of-school suspensions (FL high school)
- 67% decrease in teacher referrals (TX middle school)
- 22% increase in attendance (MN middle school)



How Do We Make 7 Mindsets Happen?

What We Have Done

- Messaging to all parents in district
- Messaging to all district employees
- Mandatory read 8th grade
- Booklet review K-7
- Staff summer read
- District SELect Team and Leader
- Professional development
- School resources
- Community Book Study
- Community presentations

What We Will Take as Next Steps

- Building level faculty monthly reinforcer
- Teacher Integration Guide
- Parent letter
- Book selections alignment
- Morning Mindsets
- Explicit instruction
- Teacher modeling and framing
- Tier 2 and Tier 3 restorative and targeted instruction
- Whole school project alignment
- First Friday of mindset- Spirit wear
- Website... Under construction





When and How Will I Know?

October Start- May Finish Mindset Newsletter with at home resources for reinforcement Strategic ordering of Mindsets based on community stakeholders

> WE ARE CONNECTED ATTITUDE OF GRATITUDE EVERYTHING IS POSSIBLE PASSION FIRST 100% ACCOUNTABLE LIVE TO GIVE THE TIME IS NOW



WE ARE CONNECTED

SNEAK PEEK PREVIEW... The Framing Before Instruction



7 M⁹NDSETS



THANK YOU!



7 MINDSETS Pledge

EVERYTHING IS POSSIBLE

Believe in yourself!

2

3

4

5

6

7

PASSION FIRST Discover your interests and follow them!

WE ARE CONNECTED Build relationships. We are all united!

100% ACCOUNTABLE Take full responsibility of your choices!

ATTITUDE OF GRATITUDE Develop and demonstrate a thankful mindset!

LIVE TO GIVE Feel motivated to improve the world!

THE TIME IS NOW

Realize action drives progress & change, act now!